

News from West Winds in Buckden at the heart of the Yorkshire Dales

29 May 2010

Final countdown to Buckden Gala underway



If you leave your house just once in June, make sure it's a trip to the Buckden Gala on Saturday 19 June. It's a brilliant day out for the whole family, featuring fell racing, sheep judging, a dog show, children's races, a bouncy slide, tombola, handicraft and photo competitions, live music from the Lofthouse and Middlesmoor Silver Band and, of course, splat the rat and lots of other stalls, all against a backdrop of stunning scenery and Dales sunshine (to be confirmed). There is also a grand raffle with many meals at local pubs and tearooms, including West Winds, to be won. Best of all, the Buckden Gala is free to get in!

Gates open at 12.30pm with sheep judging from 1pm, the gruelling Buckden Pike fell race at 2.30pm, children's field races at 3pm, the dog show at 3.30pm and the raffle draw at 4pm.

There will be plenty of hot and cold food available on the show field (including tea and cakes, hotdogs, ice creams and soft drinks), so West Winds will be closed on Saturday 19 June until 4pm. In any case, we're running the inflatable tombola, so we'll be at the gala ourselves for most of the day. If you're coming to the gala with children, then do bring them to the inflatable tombola. They could win a guitar, an inflatable one of course. Well, they are a lot quieter. Meanwhile, the Buck Inn will be open and offering a more beery side to the village fete.

For more information visit www.buckden.org

Pheasant pie proves to be tasty favourite



Kilnsey Park in Wharfedale is best known for its trout but the estate also supplies the game birds that go into the latest addition to the West Winds menu – roast pheasant pie.

Fully home made and with plenty of game in them, our pheasant pies are proving very popular with customers. They come in three sizes – standard size, three-quarter size and super-size (big enough for two) – and are filled to the brim with roast pheasant, carrots, leeks and celery with fresh rosemary, freshly ground black pepper and pheasant stock. Nothing else. They are served on their own with a jug of gravy and a dish of redcurrant jelly, made by Raydale Preserves over the hill at Stalling Busk.

The pies take a long time to make because we go for maximum flavour and don't cut any corners but we enjoy making them very much, mainly for the delicious smells that fill the kitchen all morning.

If you haven't tried one yet, you know where to come...

Herbs spice up the menu



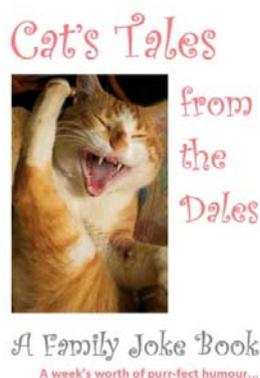
The herbs in the garden at West Winds are now in full leaf with just one casualty from the severe winter. Sadly we've concluded that the bunch of dead looking twigs making up our lemon verbena is, after all, just a bunch of dead twigs.

But that means we still have apple mint, basil, basil mint, black peppermint, camomile, chives, chocolate mint, coriander, curry plant, extra strong mint, fennel, garden mint, garlic chives, lavender, lemon balm, lemon catmint, lemon thyme, marjoram, oregano, parsley, pineapple mint, rosemary, sage, spearmint and thyme. Many are now making an appearance in the dishes on the menu at West Winds, in salads, in omelettes and quiches, in our fruit salad and in hot meals like the pheasant pie and our vegetable casserole in a Yorkshire pudding.

If you would like a tour of our herb garden when you come to visit, please ask for Benson the gardener. We also have (at the moment) home-raised small coriander and fennel plants for sale at 80p.

Our greenhouse is also currently supplying lettuces and radishes to the kitchen.

Cat's Tales from the Dales joke book is a real howl!



It's selling well, so we can reveal another sample joke from **Cat's Tales from the Dales**, a week's worth of purr-fect humour, put together specially for West Winds and suitable for all the family.

Today police arrested two youths in a car park in Skipton. One was caught drinking car battery acid and the other was seen eating fireworks. They have charged one and let the other one off.

Cat's Tales from the Dales is available only from West Winds. To receive a copy by post, send a cheque for £2.80 (*includes postage and packing*), made payable to Lynn Thornborrow, to West Winds Yorkshire Tearooms, Buckden, Skipton, North Yorkshire BD23 5JA.

Alternatively, you can order the book online through our website and pay through the secure **PayPal** payment system. Visit www.westwindsinyorkshire.co.uk/dalesgifts.asp and click on the Buy Now button. Remember to also click on "Add special instructions to seller" and type in "Payment for Cat's Tales", together with your postal address. We'll process your order as soon as we receive your payment.

Win a box of West Winds cakes as Yorkshire Dialect Fortnight approaches



The picture shows Wilfred Pickles, renowned speaker of West Riding Yorkshire dialect. At West Winds we are marking Yorkshire Day this year with a fortnight-long celebration of dialect. Our menu will be written in the dialects once common in the three old Yorkshire Ridings, dialect factsheets will be available free, and personal Yorkshire flags will be on sale – perfect for attaching as a pair to the front wings of any presidential car.

We'll also be inviting some special guests to add to the atmosphere and there may well be a few extra surprises.

Yorkshire Dialect Fortnight at West Winds runs from Saturday 31 July to Sunday 15 August 2010, 12.30pm-6pm. To give a taste of things, here is one item that is sure to be on the menu:

Yorksher crud chissocks wi' curms an' degged wi' lemon, fra owd
West Riding recipe

What you've read is a mixture of East and West Riding dialects, but what does the wording refer to? **To win a Presentation Box of traditional Yorkshire cakes, all you have to do is send a translation of the wording to us by noon on Monday 14 June 2010.** We have two boxes to give away and will award them to the closest translations sent in.

To enter, send your answer to lynn@westwindsinyorkshire.co.uk or to West Winds Yorkshire Tearooms, Buckden, Skipton, North Yorkshire BD23 5JA.

Terms and conditions

1. Only one entry can be accepted per person or per e-mail or postal address.
2. Prizes will be allocated on Monday 14 June 2010.
3. The winner will be chosen at random from all correct answers received by the closing time.
4. The winners will be notified by e-mail or phone on Monday 14 June 2010.
5. The prize must be claimed in person during Yorkshire Dialect Fortnight and there are no cash or other alternatives.
6. The winners' names will be available on application after Monday 14 June 2010.
7. The judges' decision is final and no discussion will be entered into.



West Winds Yorkshire Tearooms

Up the lane beside the Buck Inn...

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