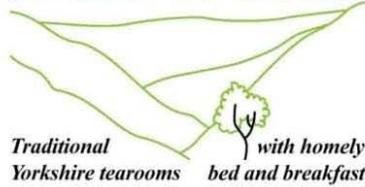

West Winds



Traditional
Yorkshire tearooms with homely
bed and breakfast

30th anniversary

Celebrating 30 years

News from West Winds in Buckden at the heart of the Yorkshire Dales
Wednesday 1 August 2012

West Winds celebrates three decades

Help us mark our
30th anniversary

**West Winds
Yorkshire Tearooms**

Free gifts for all customers in August. From
Wednesday 29 August to Sunday 2 September
all cakes and scones at 1982 prices

Buckden Behind the Buck Inn
Upper Wharfedale, Skipton, North Yorkshire BD23 5JH
01756 760882, lynne@westwindsinyorkshire.co.uk
www.westwindsinyorkshire.co.uk

West Winds Fine Teas and Coffees, Sandwiches and Cakes
Celebrating 30 years
Lunch, Afternoon Tea, High Tea, Early Dinner

What do you remember from 1982? For some of us, it was so long ago it may as well have been 1882 but perhaps you remember the Falkland's War, the birth of Prince William, the beginning of Channel 4 with the first episodes of Countdown and Brookside or, as we've said in a previous newsletter, the unusual *toora loora toora loo rye ay* catchline of Come on Eileen by Dexys Midnight Runners?

But, as you'll know by now, the biggest event of the year was the opening of West Winds Yorkshire Tearooms in Buckden on 28 August. Lynn (see left) was fresh from a course in Hotel and Catering at Scarborough College and set up in business with her parents Elsie and Charlie Thornborrow, sheep farmers at nearby Cray.



In a **celebration of 30 years of West Winds**, the tearooms and guesthouse are taking on a **festive atmosphere throughout August** with free gifts available for all customers. And from Wednesday 29 August to Sunday 2 September 2012 **all cakes and scones eaten in the tearooms will be at 1982 prices**. That means, for example, a home-baked scone with strawberry jam and whipped double cream will be available for just 65p, compared with the 2012 price of £2. A slice of our Yorkshire curd tart (see left), made from an old family recipe that goes back 100 years, will be just 60p instead of £1.90.

60p!



We look forward to seeing as many of you as possible over the coming weeks. Period costume from the 1980s is optional. And as a valued newsletter reader, you can also enter our exclusive competition for an Afternoon Tea for two at 1982 prices. See page 3 for details...

Lynn says: "It's hard to believe I have been here for three decades! The years have sped by and I still love baking cakes and chatting to customers. I

would like to thank everyone who has visited West Winds over 30 years, all our hard working and cheerful staff and all those who have helped in a thousand other ways.”

The tearooms have evolved over the past 30 years but have always retained a strong sense of Yorkshire tradition. The building dates back to the 1850s and was originally made up of two cottages housing workers employed by the Buckden House Estate. Miss Elizabeth Crompton-Stansfield was the last Lady of the Manor, owning and running the estate from 1904 until she died in 1938. There are reports that West Winds was in use as a guesthouse in the 1920s and it operated as a tearoom from the late 1940s until the early 1970s before falling out of use for a while prior to the arrival of Lynn in 1982.

To find out more about our August celebrations, visit www.westwindsinyorkshire.co.uk/tearooms.asp

Artists brush up for Buckden Art Exhibition



The **Buckden Art Exhibition** takes place from Saturday 25 August to Sunday 2 September 2012. This annual showcase of local talent, including landscape painter Angela Falshaw and animal artist Fiona Clark (see left for a sample of her work).

The exhibition takes place in Buckden Village Hall daily from 11am to 5pm and the really good news is that it is only just over the road from West Winds, so you can browse the art, spend a few hundred on your favourites and then come over to West Winds for a coffee afterwards.

For details of Fiona Clark’s work, visit www.nethergill.co.uk/art/gallery

East Yorkshire farmer keeps her pigs smiling



Continuing our series of focus-on-food profiles, we introduce our supplier of gammon, ham, sausages and bacon – Anna Longthorp...

We first came across Anna (see left) at a Deliciously Yorkshire foodie event at Richmond a couple of years ago. She runs **Anna’s Happy Trotters**, the pig side of her family’s farm at Howden in East Yorkshire. The animals are 100 per cent free range, that is they are both bred and fattened outside rather than in sheds.

Anna says: “I was eight years old when we began pig farming and I have been working with them ever since, much to my friends’ amusement at school. I have always believed that being outside is a better way of life for them as I’d much rather see them rolling around in the mud enjoying themselves than being locked up in a shed, unable to roam freely.

“Keeping our pigs in plenty of chopped, fresh, clean straw keeps them dry and provides material for pigs to play in, which leads to greater

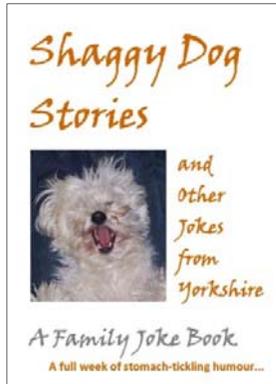
contentment and therefore higher productivity and tastier meat.”

After trying her sausages, we were inclined to agree with Anna, so we now order all our pork products direct from her farm, from our tasty gammon steaks to ham for roasting, plus our Great Yorkshire sausages and smoked back bacon.

Anna’s Happy Trotters has won a number of awards including 2010 Pig Producer of the Year and 2011 Deliciously Yorkshire Supreme Champion.

To find out more, visit www.annashappytrotters.com

Do your shopping at West Winds...



Don’t forget our little shop in the tearoom sells a good range of **Yorkshire food items**, as well as the Shaggy Dog Stories jokebook (see left) produced by Smarter Cat. Among items to fill your trolley with are:

- West Winds cake box containing four lovely cakes of your choice. £6.20
- West Winds brandy fruitcake and Wensleydale cheese box. £5.80
- West Winds chocolate truffles, made by Whitaker’s of Skipton. £4.40
- Bracken Hill Strawberry Jam, Blackberry and Rowan Jelly, Quince Jelly, Red Onion Marmalade, Yorkshire Chutney with Ale and Apple Chutney, made at Elvington near York. All £2.70
- Yorkshire heather honey made by Marcus Cordingley near Malton. £3.50
- Yorkshire Crisps in 100g drums, made near Sheffield. Choose from Black Pepper, Cheddar and Caramelised Onion, and Tomato, Basil and Mozzarella. All £2.20
- Pontefract Cakes by Wilkinson’s of Pontefract. £1.60
- Grumpy Mule world coffees roasted near Holmfirth. Choose from Panama Diamond Mountain, Ethiopia Yirgacheffe, Colombia Café Equidad and Sumatra Swiss Water (decaffeinated). All £4
- Glendale Ginger from Reeth. £4.20

We also sell West Winds vouchers for both accommodation and food and drink, plus a range of postcards and greetings cards.

Win a West Winds Afternoon Tea at 1982 prices



Enjoy an **Afternoon Tea for two** (see left, displayed by our waitress Stephanie) at a price that will leave you gasping! Tuck into tasty sandwiches, scones with strawberry jam, delicious cakes and tea or coffee, all for £5.90 – less than £3 per person.

All you have to do, as usual, is answer a simple question:

Question: Who helped Lynn to open West Winds in 1982?

To enter, send your answer to lynn@westwindsinyorkshire.co.uk or to West Winds Yorkshire Tearooms, Buckden, Skipton, North Yorkshire BD23 5JA to arrive not a second later than high noon on **Friday 10 August 2012**.

Terms and conditions

1. Only one entry can be accepted per person or per e-mail or postal address.
2. Staff at West Winds are not allowed to enter. Hard cheese.
3. The prize will be allocated on Friday 10 August 2012.
4. The winner will be chosen at random from all correct answers received by the closing time.
5. The winner will be notified by e-mail, phone or post on or soon after Friday 10 August 2012.
6. The prize must be claimed in person between Saturday 11 August and Sunday 2 September 2012 and is not transferable to any other date. There is no cash or other alternative.
7. The winner's name will be available on application after Friday 10 August 2012.
8. The judges' decision is final and no discussion, arguments, punch-ups or legal action will be entered into.



West Winds Yorkshire Tearooms

Behind the Buck Inn...

Buckden, Upper Wharfedale, Skipton, North Yorkshire BD23 5JA
01756 760883

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