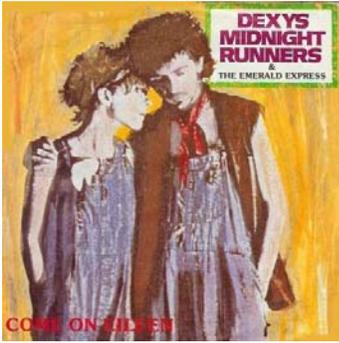


# News from West Winds in Buckden at the heart of the Yorkshire Dales

## Saturday 14 April 2012

### West Winds prepares for its own milestone anniversary



In August 1982 the airwaves gyrated with the words “toora loora toora loo rye ay”. It was, of course, the unmistakable sound of Dexy’s Midnight Runners singing their perennial anthem *Come on Eileen* (see left).

But something else happened while Dexy’s Midnight Runners were at No. 1 in the pop charts, something that would change the face of catering in Buckden, Wharfedale and possibly the world. Lynn opened West Winds and began serving sandwiches, cakes, scones and tea to weary travellers. Now, three decades later, West Winds is still going strong and the cakes are still delicious. Naturally there are a few more things on the menu these days and the trees in the garden are a bit higher but otherwise not a great deal has changed. The weather is just as awful.

We will be marking our 30th anniversary in an appropriate way in the summer and newsletter readers will be the first to receive details of some very special offers we are planning.

In the meantime, if you want to toora loora toora loo rye ay just like in the old days, visit [www.youtube.com/watch?v=8ThWaMnISZM](http://www.youtube.com/watch?v=8ThWaMnISZM)

### Watch over broccoli continues as spring unfolds



The picture shows our waitress Sophie stationed at our broccoli patch. She is looking for signs that our purple sprouting broccoli is preparing to sprout. It’s been a long wait. The broccoli was planted early last summer and we are now getting impatient to make some seasonal quiches with it. The trouble is, although it’s getting big and even turning purple-ish, it isn’t *sprouting*. We’ll inform you straight away if and when the situation changes. Lovers of quiche are asked to bear with us at this difficult time.

Round the corner from the broccoli patch, our greenhouse is now full of pots and seed trays loaded with germinating seeds that will hopefully supply us with lettuces, cucumbers, rocket, radishes, spring onions, turnips, marrows, courgettes and more. Our herbs are also pulling out of the cold weather well. Already we are using home-grown chives and marjoram in salads and our lovage will be going into the next batch of cashew nut pies.

In the front garden, our wild ‘water meadow’ is starting to take on colour. The marsh marigold is now bright yellow and over the next week we expect our snakes head fritillaries to burst into flower. Marsh marigolds are increasingly uncommon in the countryside, although there are some lovely patches at Kilnsey Crag and in meadows between Kettlewell and Buckden. Fritillaries are very rare in the wild and limited to a handful of old meadows in Oxfordshire and elsewhere.

## May candle-lit barbecue evening offers a feast in the garden



The next wood-fired, candle-lit barbecue will be on Saturday 5 May 2012 during May Bank Holiday weekend. We will be offering a fine spread of grilled meaty and vegetarian items, baked potatoes and a variety of mixed salads, and afterwards the barbecue grill will come off and we'll be making caraway seed twisters and toasting marshmallows. There'll be hot spicy apple juice and hot chocolate but you are also welcome to bring your own beer or wine – we'll provide the glasses.

We would be lying if we said our guests at the April barbecue were able to watch the sun go down but at least they didn't end up watching the rain come down either. Surely in May we can be sure of a fine evening and a romantic sunset, enhanced by the pleasing aroma of wood smoke and the gentle sizzling of sausages?

We'll be firing up the barbecue at 7pm on Saturday 5 May and then again on Saturday 2 June, Saturday 7 July, Saturday 4 August and Saturday 1 September 2012. Tickets cost £10 for adults and £6 for under-16s. Places are limited and must be booked in advance, so if you would like to come on any of these dates, please call us on 01756 760883 or e-mail us at [lynn@westwindsinyorkshire.co.uk](mailto:lynn@westwindsinyorkshire.co.uk) *Please note that we cannot allow children under 12 or dogs to attend, the latter because our cats are hoping to come. Sadly but inevitably, all events are weather dependent and subject to confirmation on the day.*

And we're generously giving away yet another pair of tickets – see below!

## Dales Festival of Food and Drink trumpets local produce



Also taking place on May Bank Holiday weekend is the Dales Festival of Food and Drink at Leyburn. If you love Yorkshire food and fresh local produce, then go to this festival with a very large shopping bag. You'll also see where we get a lot of our ingredients from.

The Dales Festival of Food and Drink takes place from Saturday 5 to Monday 7 May 2012, 10am-5pm. You can find more details at [www.dalesfestivaloffood.org](http://www.dalesfestivaloffood.org)

At West Winds, we are selling a range of Yorkshire produce in our 'shop', including: honey made by Malton honeyman Marcus Cordingley; jams, jellies and chutneys made by Bracken Hill Fine Foods of Elvington near York; fine ground coffee from Grumpy Mule at Meltham near Holmfirth; Pontefract Cakes from, err, Pontefract; chocolates by Whitaker's of Skipton; and crisps made near Sheffield by Yorkshire Crisps.

## Dalesman reveals the story of Wharfedale benefactor Graham Watson



Graham Watson always sat at the same table at West Winds. He was normally on his own, dressed in a threadbare pullover and often deep in thought as he gazed out the window, waiting for his invariably frugal lunch to be brought. When he finally finished his last cup of tea and stood to leave, it was slowly and with stiffness, the outcome of his 90 years. He would walk almost bent double.

But then he would ease himself with determination into a set of black motorcycle leathers and mount a huge, state of the art motorbike with an engine big enough to power a car. With a roar he would be gone. It was no ordinary exit but then this was no ordinary visitor to Buckden. Graham Watson was once Managing Director of the huge Manningham Mills in Bradford and he owned more than 5000 acres of Upper Wharfedale. At the end of the 1980s, he handed the whole estate over to the National Trust.

Graham Watson was an extraordinary man without whom the countryside around Buckden would probably not be as it is today. You can read about the eccentric benefactor of the Dales in the April edition of the *Dalesman*. Alternatively, go to [www.smartercat.co.uk/countryside-nature-environment](http://www.smartercat.co.uk/countryside-nature-environment)

The picture shows Graham Watson at the Cavendish Pavilion at Bolton Abbey. It was taken by his friend, the Yorkshire artist Les Packham.

## Opening times reflect upcoming national holidays



May is always busy at West Winds and this year there will in addition be celebrations for the Queen's Diamond Jubilee in early June. Normally we are open from Wednesday to Sunday from 12.30pm to 6pm but we will be open too on the following Bank Holidays:

Monday 7 May 2012

Monday 4 June 2012

Tuesday 5 June 2012

On Tuesday 5 June 2012 there will also be a street party in Buckden, followed by a game of rounders and a barbecue in the evening. For details, go to [www.buckden.org](http://www.buckden.org)

On the other side of the coin, both the tearooms and bed and breakfast will be closed in mid-July between Monday 9 and Tuesday 17 July 2012. We apologise if this causes you any distress or pangs of hunger.

## Win a pair of tickets to the May Candle-Lit Barbecue Evening at West Winds



Last month's winners of free tickets to our barbecue were Graham and Jan Walters of Kettlewell. They correctly identified that twisters are culinary items made from a sweet dough mixture containing caraway seeds and then twisted around a stick and toasted over hot embers.

This month we're again offering two places at what can only be described as the place to be on a spring evening. Answer the question below and you could be coming to our next barbecue, which takes place on Saturday 5 May 2012:

*Question: Who was at No. 1 in the pop charts when West Winds opened in 1982?*

To enter, send your answer to [lynn@westwindsinyorkshire.co.uk](mailto:lynn@westwindsinyorkshire.co.uk) or to West Winds Yorkshire Tearooms, Buckden, Skipton, North Yorkshire BD23 5JA to arrive by high noon on **Saturday 21 April 2012**. Remember, the prize is for Saturday 5 May 2012, so if you're doing something else on that evening, don't enter...

### Terms and conditions

1. Only one entry can be accepted per person or per e-mail or postal address.
2. Staff at West Winds are not allowed to enter. Hard cheese.
3. We cannot allow children under 12 or dogs at barbecues. This competition is therefore not open to under-12s or dogs.
4. The prize will be allocated on Saturday 21 April 2012.
5. The winner will be chosen at random from all correct answers received by the closing time.
6. The winner will be notified by e-mail, phone or post on or soon after Saturday 21 April 2012.
7. The prize must be claimed in person on Saturday 5 May 2012 and is not transferable to any other date. There is no cash or other alternative. In the event of the barbecue being cancelled due to bad weather, the winner will be invited another time.
8. The winner's name will be available on application after Saturday 21 April 2012.
9. The judges' decision is final and no discussion, arguments, fights or legal action will be entered into.



## West Winds Yorkshire Tearooms

*Behind the Buck Inn...*

Buckden, Upper Wharfedale, Skipton, North Yorkshire BD23 5JA  
01756 760883

[lynn@westwindsinyorkshire.co.uk](mailto:lynn@westwindsinyorkshire.co.uk)

[www.westwindsinyorkshire.co.uk](http://www.westwindsinyorkshire.co.uk)